

**Good Material for Compost**

1. Unsalted plant waste from meals (Stems, roots, cobs, seeds, cores, etc.)
2. Grass cuttings except from yards using chemicals like "Weed n Feed" which poisons compost and food
3. Bread waste
4. Saw dust
5. Chipped tree trimmings
6. Weeds
7. Leaves and small twigs
8. Pine needles
9. Manure (horse, goat, chicken, cow)
10. Water (especially rain water which is free of chemicals like sodium)
11. Newspaper which is shredded (But not the glossy paper which is usually colored)
12. Acorns, nuts, seed shells, pecan shells
13. Flowers and stems after fading

**Bad Material for Compost**

1. Salted plant waste from meals (off dinner plates and salad bowls)
2. "Weed and Feed" grass cuttings
3. Egg shells
4. Any animal (meat) scraps (including fish)
5. Any dairy scraps (creams, cheese, milk, mayonnaise, etc.)
6. Branches unchipped
7. Anything with sugar in it
8. Anything with oil in it (salad waste with oil dressing, potatoes with gravy, etc.)
9. Anything with a lot of salt in it (Bread is OK. The yeast helps in the decomposition)
10. Street runoff piles of debris (contains contaminating chemicals)
11. Glossy paper (newspaper inserts and magazines)
12. Human, dog and cat waste